

you know this old, safe, and sure beacon. For over sixty years its light has been guiding the sick and suffering back to the harbor of health and

strength. Isn't at a record to be proud of? For more than sixty years

### AYER'S Sarsaparilla

has been the source of good health to many thousands of people in all parts of the world. Their testimonials come in by every post. They all assert the great fact - "Ayer's Sarsaparilla cured me." Weak, weary women, men who had been tired out and discouraged .- all write gratefully of the good it has done them.

There is a lesson for you in this. Why not heed it? Begin at once to take Ayer's Sarsaparilla.

As now made, it contains no alcohol. There are many imitation

Sarsaparillas.

Be sure you get "Ayer's." Prepared by Dr. J. C. Ayer & Co., Lowell, Mass., U.S.A.

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In fact, all kinds of blank books for business use. We make a specialty of this line, and our prices are low.

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#### Bargains in Furniture

Visit our store if you want furniture for little money. We can beat the prices of any store in town. Big stock of furniture now on hand.

Also the celebrated Bailey Woven Wire Mattresses.

Mrs. Richards Says That Modern Methods Leave Much to Be Desired.

That the general principles of modern housekeeping are all wrong is the contention of Mrs. Ellen H. Richards of the Massachusetts Institute of Tech-

The remedy she suggests is a scientific training which shall leave each high school graduate competent to keep house, not in an old-fashioned way, but rather in the new scientific

#### "Easter to Move."

"The century-long struggle for personal freedom has invaded the home," says Mrs. Richards. "The father feels no care for the child beyond paying the bills. The mother's responsibility ends with food and clothes. Education is left to the school and manners to the street. In the rented house there is little sense of procession; frequent movings render clothes more important than furniture, and cause books and pictures to be looked upon as troublesome. It is easier to move than to clean house. The result is social ferment and discontent and family dis-

"Housekeeping has become a burden and not a delight; every dollar spent on home is grudged; the responsibilities of keeping up a separate family abode are more and more irksome and are readily thrown off; the time and money so saved are frequently spent in communal pleasure rather than in individual development. This is a serious phase in American social life and deserves the attention of all thoughtful persons, especially since it is doubtful if 'health and peace' are increased by the so-called improvements

"The only practicable remedy yet proposed is education in true standards of living, in what constitutes better homes, more comfortable conditions, and in a clearer perception of those tendencies toward mere imitation and luxury, which lead to degeneration of mind and body.

Relief That Is Harmful.

"Relief from daily drudgery will render the life of many a woman more tolerable, but when it only results in idleness, dissatisfaction and a mania for shopping and the bargain counter, such relief is not in the line of higher standards of living, but is in the na-YORK and PARISIAN ture of luxury, which undermines the health of the body politic, and leads ture of luxury, which undermines the

> tendencies of the times is shown in the marketing for the average family. Twelve years ago we never thought of buying cream for coffee and cereals. We used the top of the milk. Now cream is considered a necessity. Twelve years ago we did not buy steaks and chops and roast the way we do now. We had nourishing soups and stews. Today people say that stews are not digestible, and that meat roasted twice has no nourishment in it. This is a fallacy. Stews are quite as nourishing, although digested a little more slowly, and meat meat cooked twice has all the elements of nutriment which it had the first time. Hot-house vegetables are another essential nowadays, and yet we wonder why the cost of living has advanced so.

> "It has advanced somewhat, but we have advanced it still more by degen-erating tendencies toward luxury-un-

necessary luxuries. Too Much Spent for Rent.

"Nowadays it is necessary for a young couple to have an income of \$1500 before they can marry. Many do marry on less, but they run risks, because sickness is one item which cannot be reckoned upon. The couple that marries on an income of \$1500 has

to do some close reckoning, too. "One unwise tendency is the one to wrong sort of calling list would follow well disciplined regiment. trouble in other directions,

a few capitalists to put up lots of Haselt was buried in Philadelphia, model houses or apartments and rent but in 1841 his body was removed by ing care to keep them occupied by monument marks his resting place. nice people. Similar schemes have been carried out successfully in and of service in the Continental army was about New York,

question. It is possible for a woman for more than four hours with flying to dress more cheaply than a man, although few of them do it. Too much British not daring to advance, although money is spent on clothes, especially they were six times as many as the liton neckwear. We are gradually coming to a more or less uniform style of dress such as men wear. The two-piece costume of coat and skirt that women have been wearing for the past few

unbecoming, and they change so fre- throughout the campaign by being fore quently that it is necessary to have most in services of danger. He was inquantities of dresses to keep up to the fashions. A woman ought to be able to wear a suit for fifteen years with

very few alterations Lessons by Practical Examples.

"Care must be taken in picking out the materials, of course. Too little is known about judging good materials. Textile art is to be taught in all of the high schools soon, along with a domestic science and domestic art. These girls will be properly equipped to go out into the world capable of con-

serving energy and money. "There will be a bureau in each of these schools which will show textures the dining room a well dressed, portly

"I have a skirt which I have had at may imagine my surprise when he least ten years. The material is as soft looked at me blankly and said he spoke Kapiolani Bldg., King and Alakea. | and firm now as ever, although the only German."

may have an idea that our store and our clothes are not very different from other stores and other clothes; that it doesn't make



VERY MUCH DIFFERENCE WHERE YOU BUY YOUR SUIT OR OVERCOAT; NOR VERY MUCH DIFFERENCE WHAT YOU BUY. WHEN YOU COME HERE ASK FOR

# Hart Schaffner & Marx

clothes, you'll realize that such an idea is a mistake. These clothes are different; they're all-wool, and that's unlike most clothes offered you. They're perfectly tailored, and correct in every detail of style, and they fit.

It's such clothes as these that make this store different; you can't buy them elsewhere. You'll see the difference when you come in.

> This store is the home of Hart Schaffner & Marx clothes.

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KING STREET.

# PERFECTLY MADE FRAMES

PACIFIC PICTURE FRAMING CO.

Nuuanu Below Hotel Street

skirt is wearing out. I shall clip samples of this skirt to be shown. "If all the club women would combine and have a bureau of materials, showing samples which wore badly and where purchased and samples which wore well and where purchased, it would be of inestimable value. This will come in time, undoubtedly.

Women should help each other. When a woman gets a good piece of material she should tell all her friends and acquaintances about it, that they may have the benefit of it. "One good idea is to get men's suitings and shirtings at men's places, and

ject to a material which wears badly, and he will go to the bother of going back and making it known, and as a rule they have better material given them for that reason. "If women could organize and boycott the manufacturers of poor mate-

have them made up. A man will ob-

#### rials they would not have so many foisted off upon them." REVOLUTIONARY RELICS.

The Revolutionary sword of Colonel John Haslet has been presented to the city by his great-grandson, Dr. James Darrach, and placed among the historical collections in Independence Hall.

During the French and Indian War John Haslet commanded a company in Colonel James Burd's 2nd Pennsylvania Battalion in the expedition against Fort Duquesne in 1758. At the outbreak of the Revolution he accepted the command of the Delaware regiment furnished by the state upon the call of the take a house or an apartment in a fashionable district for fear that the fashionable district would follow an unpopular vicinity. Too much Haslet was commissioned January 2, money is spent for rent, and that means 1776, and remained in service until he was killed at the battle of Princeton, "The ideal philanthropy would be for January 3, 1777.

them at reasonable prices to young the State of Delaware and buried with people who cannot pay big rents, tak- great ceremony at Dover, where a

The record of Colonel Haslet's year one of surprising gallantry. At the bat-"Another important item is the dress the of Long Island his regiment stood colors under a heavy artillery fire, the tle band of Delaware and Maryland patriots. When Washington was planning the surprise of the Hessians at Trenton Colonel Haslet was ill, and the commander-in-chief offered him a leave of years evinces this. We should evolve a moderate and becoming style and movement, only to fall a few days after movement, only to fall a few days after at Princeton. Of this action Irving "These extreme fashions are usually says: "Haslet distinguished himself

A tourist, just returned from Europe. met at a health resort in Germany young American student who was servng there as a waiter. He had taken the place to learn the language of the country, he said, but told the American that the plan had been a failure and that he might better have gone to Milwankee or Cincinnati, for he got no German at the hotel, because the guests all spoke English and French. He told this story: 'One day there came into which are durable and those which are negro, who took a place at one of the not. Practical examples will teach the tables. I felt justified in addressing this man in our native tongue, and you

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Is a scientifically prepared syrup, containing the extract from Coca leaves and Cola nuts with pleasant aromatics added, to render it as palatable as it is refreshing. For more than ten years it has been sold until there is not a first-class Soda Fountain in America where it is not the most popular article offered to all classes of people, male and female, laborers, mental or manual, all professions, religious or secular.

### Coca-Cola

Gives mental clearness and activity, relieves fatigue, quenches thirst, and hurts no one, morally or physically. We guarantee our claim to be the truth. Order a few bottles from

# Hawaiian Soda Works

Phone 516.

Editor-I hear you referred to nowadays, too often, as a "cheap humorist." Humorist-Thank you, sir. Editor-Why thank me?

Humorist-I supposed you were about to make my salary such that the taunt would be no longer just .- Cleveland

Wheeler-Why, Miss Snooper, how ostumes alter people. I hardly knew Miss Snopper-Do I look such a fright, then?

Wheeler-On the contrary, you look most charming.-Illustrated Bits. Tommy-Pop, what is meant by the mother tongue? Tommy's Pop-Sh-h-h, my boy! Don't get her started.

Blobbs-In France I understand they eat horse meat. Slobbs-Yes, but they generally begin the meal with a pony. -Philadelphia Record.

-Philadelphia Record.

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